



Physical development / Sports Premium Impact Statement 2015/16

Aims and objectives.

Our funding allocation for Sports Premium is £9615 for the academic year 2015-16. This document outlines the key areas of development, their impact and the costs to demonstrate the impact of the Sports Premium funding on our children and staff. There are four key aims to our strategy for the Sports Premium funding during the academic year 2015-16

1. To lead to an increase in attainment both within sport and across subjects

'Studies have shown that an increase in physical activity within a school environment has provided a significant increase in academic performance and concentration levels. " (Youth Sport Trust {YST})

2. Improve positive attitudes, skill, health and well being, communication and team-work.

'Healthy behaviours in childhood set patterns for later life and, if acquired early, can have a dramatic impact on well-being. Nearly a quarter of all reception aged children and one third of year 6 pupils are overweight or obese (National child measurement programme 2010). It has been documented that inactivity causes 9% of premature mortality. (YST)

3. Increase and extend opportunities for children

This involves introducing children to opportunities across sport, providing them with access to a healthy lifestyle embodied in positive fitness and mental wellbeing.

4. Development of teacher confidence and competence.

Children at Warden House partake in 40 minutes of gymnastics or dance and 50 minutes of games a week. Year 2,3 and 4 complete 12 swimming sessions, with year 6 going on a residential outdoor and adventurous activity week. All children have the opportunity to partake in daily 'Wake up and shake up' sessions. We offer a range of after school clubs including football, fencing, archery, gymnastics, dance, multiskills, 'Ace of clubs, speedstacking and cricket. Competition is provided via inter school festivals and matches. This year we have competed in football, cricket, sportshall athletics, tag rugby, tri golf, swimming, multiskills, crosscountry, speedstacking and tennis , plus the multi sport 'Summer Cup'

KS2 Games 2015/16

Children will be given the opportunity to participate in a wide range of activities, empowering them to develop key skills and interests from a varied sports programme.

Some children have been targeted for specific sporting need. Target groups have been organised with specific objectives for two terms before joining the other KS2 activities.

Target groups

1.Changing attitudes towards PE. (lower KS2)(targeted sessions for those who do not enjoy physical activity) 2 terms.

- o **Enjoyment**
- o **Engagement**
- o **Exercise**

Physical activity specifically designed for children, offering appealing activities and promote wider health and well being messages. Children have been engaged in activities that change their attitudes to physical activity, following the 'Inspire Olympic Legacy' programme. Opportunities to take part in some more 'alternative' activities.

Children took part in offsite cycling and archery at Betteshanger country park, golf at Cinque Ports golf club and tennis at Tides leisure centre.

'Ace of Clubs' extra-curricular club for children who do not usually opt for sporting opportunities.

Impact – To instil confidence and competence to begin a positive, sustained interest in physical activity and sport. As a result of this target group, children have demonstrated an increased enthusiasm for sport. The Olympic Days have inspired children to engage in new sports and develop deeper team spirit. Parents have been involved in Olympic days and as a result, a number of pupils have taken up a new sport they have experienced during the days. The school has also put on additional clubs for popular sports including javelin and fencing.

2.Changing attitudes to PE through pupils taking leadership roles (upper KS2) (targeted sessions for those who do not enjoy physical activity) 2 terms

Training to lead sessions for younger children plus extended opportunities to include golf and archery.

Impact – Children have become good role models, through the activities children have instilled confidence and competence to develop positive attitudes to relationships, the wider curriculum and sport. Through the Paralympic days, children have celebrated the differences in disability and celebrated children in school who have competed in national disabled games.

3.Gifted and talented sportsmen lower KS2

Fundamentals coaching (speed, strength, stamina, balance and coordination) which increased children's fitness levels and sport specific skills.

Using Chris Cook programme 'Inspire Olympic Legacy' program to develop attainment of goals. Children to have extended sporting opportunities. –rock climbing, golf, archery, fencing, pony riding.

Impact – As a result of the activities, children have improved skill, health and well being, communication and team-work. Children have experienced a wide range of sports beyond the standard curriculum and as a result have increase and extend opportunities. A number of children have also taken up specialist sports as a result of their experiences in private clubs.

3. Gifted and talented sportsmen Upper KS2

Fundamentals coaching (speed, strength, stamina, balance and coordination) which increased children's fitness levels and sport specific skills.

Using Chris Cook programme 'Inspire Olympic Legacy' program to develop attainment of goals. Children to have extended sporting opportunities.- rock climbing, golf, archery, fencing, American football and skiing

Impact – Improved skill, health and well being, communication and team-work in the targeted groups. Children have experienced a wide range of sports beyond the standard curriculum and as a result have increase and extend opportunities. A number of children have also taken up specialist sports as a result of their experiences in private clubs.

4.Poor coordination. Multiskills.

Specific activities for those needing gross motor skills.

Sensory circuits each morning to aid focus in the curriculum

Horse grooming and riding for 6 sessions.

Impact – Targeted pupils have been able to re-join mainstream games, demonstrated improved confidence, resilience and self-esteem. The horse grooming and riding session targeted vulnerable pupils and saw their confidence rise during the sessions, becoming increasingly confident throughout the activity, impacting on their confidence and wellbeing across the curriculum.

Activity based games groups .

Rugby, Football, Orienteering , Netball , Hockey, Cricket, Tri-Golf, Rounders, Athletics, Tennis, fencing, golf

Impact – high quality PE developing physical literacy, importance of a healthy lifestyle, fair play and respect and the development of decision making, analysis, teamwork, communication and leadership.

Extended opportunities

–Fencing, (working with Invicta Fencing), cycling (offsite at Betteshanger country park), Golf (Royal Cinque Ports, working with club golf pro), Archery (working with coach offsite at Betteshanger country park), climbing (working with coach offsite at Duke of Yorks), team building and obstacle course (Betteshanger country park), skiing (Folkestone dry ski slope), tennis (Tides leisure centre with tennis coach), horse riding (Cornillo riding), American football (working with AFD coach), cricket (with Kent cricket coach), working with Charlton Athletic completing football and dodgeball

Olympic days

Extended opportunities for all children to try out different sports through taster sessions -, fencing, zumba, tai chi, golf, sumo wrestling, go karts, gladiator jousting, sitting volleyball, wheelchair athletics, kinball. Boccia, problem solving, archery.

A whole school day of intra sports competition, 3 times a year.

Impact – provision in PE has improved so children have developed healthier lifestyles. An increased number of children have been taking exercise as a result of the activities introduced during the Olympic days.

Increase and extend opportunities for children through linking children to new clubs and activities showcased during the Olympic days.

Children have also been inspired to become physically confident and provide opportunities for competition to embed values such as fairness and respect.

Cost £4863.2

Inspirational visits.

Tom Ervin – In training for the Rio Paralympics. (athletics)

Impact – Tom inspired pupils to follow their dreams, to become physically confident and provide opportunities for competition to embed values such as fairness and respect.

Additional sporting opportunities

Cycling proficiency for Year 5.

Staff development

- Sports and gymnastic specialist leading staff workshop
- Sports and gymnastics specialist working with staff throughout the year for 6 week blocks.
- Sports specialist working with members of staff to enhance swimming.
- Staff working with all age groups Reception to yr 6 with a range of sports through Olympic days and games to extend knowledge of working with different age groups.
- Sports professionals working with staff to extend knowledge of cricket and American football.

Courses 1. Inclusive PE(2 members of staff) ,**2.** Development for extended opportunities-archery, climbing, geocaching, team building, cycling (4 members of staff)-**3.**Dance training (11 members of staff)

Impact - staff confidence and competence in PE in a range of sports and across the age range has been developed. As a result the quality of teaching and provision in sport has been enhanced across the school, extending opportunities for both staff and children.

Cost £648.66

Future Action for 2016-17 (Sports Premium Allocation 2016-17 £9,670)

The school will continue to pursue the following four key objectives for sport:

1. To lead to an increase in attainment both within sport and across subjects.

- Offer five sports beyond the standard National Curriculum to engage our pupils in fresh opportunities and sporting skills.
- PE skills tracked using a new assessment system to ensure all pupils make strong progress.

2. Improve positive attitudes, skill, health and wellbeing, communication and team-work.

- Provide four Olympic days to extend a range of teamwork skills.
- Arrange a whole school sporting trip to develop skills and a shared sporting experience.

3. Increase and extend opportunities for children.

- Provide horse riding for vulnerable groups of children to boost confidence and oracy.
- Engage 50% children in an after school sporting activity.
- Develop the engagement of pupils in sport play during break and social times.
- Increase health and fitness through healthy school activities.

4. Development of teacher confidence and competence.

- Target cricket as a skill with our teachers through training.
- Swimming coaching training for teachers.