

WARDEN HOUSE PRIMARY SCHOOL
Physical development /Sports Premium 2014/15

Aims and objectives.

Our current funding allocation for Sports Premium is £9615 for the academic year 2014-15. This document outlines the key areas of development, their intended impact and the costs to demonstrate the impact of the Sports Premium funding on our children and staff. There are four key aims to our strategy for the Sports Premium funding during the academic year 2014 -15.

1 To lead to an increase in attainment both within sport and across subjects

'Studies have shown that an increase in physical activity within a school environment has provided a significant increase in academic performance and concentration levels.' (Youth Sport Trust {YST})

2 Improve positive attitudes, skill, health and well-being, communication and team-work.

'Healthy behaviours in childhood set patterns for later life and, if acquired early, can have a dramatic impact on well-being. Nearly a quarter of all reception aged children and one third of year 6 pupils are overweight or obese (National child measurement programme 2010). It has been documented that inactivity causes 9% of premature mortality.' (YST)

3 Increase and extend opportunities for children

4 Development of teacher confidence and competence.

KS2 Games 2014/15

Children will be given the opportunity to participate in a wide range of activities, empowering them to develop key skills and interests from a varied sports programme.

Some children have been targeted for specific sporting need. Target groups have been organised with specific objectives for 2 terms before joining the other KS2 activities.

Target groups

1. Changing attitudes towards PE Lower KS2 (targeted sessions for those who do not enjoy physical activity) 2 terms.

- **Enjoyment**
- **Engagement**
- **Exercise**

Physical activity specifically designed for them, offering appealing activities and promote wider health and well-being messages. Work completed on finding out how to change their attitudes to physical activity, following the 'Inspire Olympic Legacy' programme. Opportunities to take part in some more 'alternative' activities.

'**Ace of Clubs**' extra-curricular club for children who do not usually opt for sporting opportunities.

Outcome – To instil confidence and competence to begin a positive, sustained interest in physical activity and sport.

2. Changing attitudes to PE through pupils taking leadership roles (upper KS2) (targeted sessions for those who do not enjoy physical activity) 2 terms

Training to lead sessions for younger children. Work completed on finding out how to change their attitude, following the 'Inspire Olympic Legacy' programme.

Outcome – to become good role models, – to instil confidence and competence to develop positive attitudes to relationships, the wider curriculum and sport.

3. Gifted and talented sportsmen lower KS2

Fundamentals coaching (speed, strength, stamina, balance and coordination) which increased children's fitness levels and sport specific skills.

Using Chris Cook programme 'Inspire Olympic Legacy' program to develop attainment of goals. Children to have extended sporting opportunities.

Outcome – Improve skill, health and well-being, communication and team-work.

Increase and extend opportunities for children

4. Gifted and talented sportsmen Upper KS2

Fundamentals coaching (speed, strength, stamina, balance and coordination) which increased children's fitness levels and sport specific skills.

Using Chris Cook programme 'Inspire Olympic Legacy' program to develop attainment of goals. Children to have extended sporting opportunities.

To take on leadership roles

Outcome – Improve skill, health and well-being, communication and team-work.

Increase and extend opportunities for children

5. Poor coordination. Multiskills.

Specific activities for those needing gross motor skills.

Outcome – to be able to re-join mainstream games, improved confidence, resilience and self-esteem.

Activity based groups .

Rugby, Football, Orienteering, Netball, Hockey, Cricket, Tri-Golf, Rounders, Athletics, Tennis (teacher working alongside tennis coach).

Outcome – provide high quality PE developing physical literacy, importance of a healthy lifestyle, fair play and respect and the development of decision making, analysis, teamwork, communication and leadership

Cost £624

Extended opportunities

–Fencing, (working with Invicta Fencing), geo caching, maypole dancing, cycling (offsite at Fowlmead), Golf (Royal Cinque Ports)(working with club golf pro and teacher with golf qualifications), Archery (working with coach offsite at Fowlmead), climbing (working with coach offsite at Duke of Yorks)

Olympic days

Extended opportunities for all children to try out different sports through taster sessions eg, fencing, zumba, tai chi, golf, sumo wrestling, go karts, gladiator jousting, goal ball, pop lacrosse, ultimate frisbee, sitting volleyball, wheelchair athletics, kinball.

Whole school day of intra sports competition.

Outcomes – to improve provision in PE so that they develop healthy lifestyles.

Increase and extend opportunities for children

To inspire pupils to become physically confident and provide opportunities for competition to embed values such as fairness and respect.

Cost £5,373

Inspirational visits.

Lizzie Yarnold – Gold medallist this year in the Winter Olympics (Skeleton)

Chris Cook – Olympic swimmer and gold medallist in the 2006 Commonwealth games

Tom Ervin – In training for the Rio Paralympics. (Athletics)

Outcomes – To inspire pupils to follow their dreams, to become physically confident and provide opportunities for competition to embed values such as fairness and respect

Staff development

- KS2 staff given the choice of what activities they would like to run extending their expertise or to develop expertise.
- Sports specialist leading staff workshops for KS1 and KS2 Sports specialist working with KS1 staff for a period of 10 weeks.
- Staff working with all age groups Reception to yr 6 with a range of sports through Olympic days and games to extend knowledge of working with different age groups.
- **Courses** YTS leader's module 1, YTS conference, tennis.

Outcomes - develop staff confidence and competence in PE in a range of sports and across the age range.

Extend opportunities for both staff and children.

Cost £ 2,677