



Physical development /Sports Premium 2013/14

Aims and objectives.

Our current funding allocation for Sports Premium is £9750 for the academic year 2013-14. This document outlines the key areas of development, their intended impact and the costs to demonstrate the impact of the Sports Premium funding on our children and staff. There are four key aims to our strategy for the Sports Premium funding during the academic year 2013-14.

1 To lead to an increase in attainment both within sport and across subjects

‘Studies have shown that an increase in physical activity within a school environment has provided a significant increase in academic performance and concentration levels. “ (Youth Sport Trust {YST})

12 week programme with target group to increase literacy and numeracy attainment through PE.

2 Improve positive attitudes, skill, health and well being, communication and team-work.

‘Healthy behaviours in childhood set patterns for later life and, if acquired early, can have a dramatic impact on well-being. Nearly a quarter of all reception aged children and one third of year 6 pupils are overweight or obese (National child measurement programme 2010). It has been documented that inactivity causes 9% of premature mortality. (YST)

3 Increase and extend opportunities for children

4 Development of teacher confidence and competence.

KS2 Games 2013/14

The majority of children are given the opportunity to choose the activity they wish to pursue, empowering them to develop key skills and interests from a varied sports programme.

Some children have been targeted for specific sporting need. Target groups have been organised with specific objectives for 2 terms before joining the other KS2 activities.

Target groups

1.Changing attitudes towards PE. (targeted sessions for those who do not enjoy physical activity) 2 terms.

- **Enjoyment**
- **Engagement**
- **Exercise**

Physical activity specifically designed for them, offering appealing activities and promote wider health and well being messages. Work completed on finding out how to change their attitudes to physical activity, following the ‘Inspire Olympic Legacy’ programme.

As part of the Chris Cook (Olympian) ‘Inspire Olympic Legacy’ programme children had an athlete mentor come in for one of the sessions.

Sessions included cycling, badminton, parachute games, fencing , session on the Wii.

‘**Ace of Clubs**’ extra-curricular club for children who do not usually opt for sporting opportunities.

Outcome – To instil confidence and competence to begin a positive, sustained interest in physical activity and sport.

2. Disaffected pupils taking leadership roles (upper KS2) 2 terms

Training to lead sessions for younger children. Work completed on finding out how to change their attitude, following the 'Inspire Olympic Legacy' programme.

As part of the Chris Cook 'Inspire Olympic legacy' programme children had an athlete mentor come in for one of the sessions

Outcome – to become good role models, – to instil confidence and competence to begin to develop positive attitudes to relationships, the wider curriculum and sport.

3. Gifted and talented sportsmen

Fundamentals coaching (speed, strength, stamina, balance and coordination) which increased children's fitness levels and sport specific skills.

Using Chris Cook programme 'Inspire Olympic Legacy' program to develop attainment of goals. Children worked with football, rugby and golfing professionals: and had extended orienteering and cycling opportunities.

As part of the Chris Cook 'Inspire Olympic Legacy' programme they had an athlete mentor come in for one of the sessions

Entered into Sportshall athletic festival, given specific training from local secondary school.

5 Outcome – Improve skill, health and well being, communication and team-work.

6 Increase and extend opportunities for children

4. Raising attainment in numeracy and literacy (targeted at yr 4-6 who are not making enough progress–level 2s)

Small group using games to develop numeracy and literacy

Outcome – increased attainment in numeracy and literacy for core group selected

5. Poor coordination. Multiskills.

Specific activities for those needing gross motor skills.

Outcome – to be able to re-join mainstream games, improved confidence, resilience and self-esteem.

COSTINGS £1324.33

Activity based groups .

Rugby, Football (teacher working alongside football coaches), Orienteering , Netball , Hockey, Basketball, Cricket, Tri-Golf, Rounders, Athletics, Tennis (teacher working alongside tennis coach).

Outcome – provide high quality PE developing physical literacy, importance of a healthy lifestyle, fair play and respect and the development of decision making, analysis, teamwork, communication and leadership

Extended opportunities

–Fencing, (working with Invicta Fencing), geo caching, maypole dancing, cycling (offsite at Fowlmead), Golf (Royal Cinque Ports)(working with club golf pro and teacher with golf qualifications), Archery (working with coach offsite at Fowlmead).

Olympic days

Extended opportunities for all children to try out different sports through taster sessions eg archery, fencing, zumba, tai chi, golf, sumo wrestling, go karts, gladiator jousting, goal ball, rock-it ball, ultimate frisbee, nu age curling, kinball.

Whole school day of intra sports competition.

Outcomes – to improve provision in PE so that they develop healthy lifestyles.

Increase and extend opportunities for children

To inspire pupils to become physically confident and provide opportunities for competition to embed values such as fairness and respect.

COSTINGS £5806.93

Staff development

- KS2 staff given the choice of what activities they would like to run extending their expertise or to develop expertise.
- **Coaches working alongside teachers**
 - Ethnic dancers -worked with teachers and their classes for 2 sessions plus a staff workshop.
 - Football coach (who runs Warden House football club) worked alongside staff for 2 terms with yrs 3-6.
 - Tri golf (staff mentoring)
 - Tennis coach working alongside teachers in KS1 And 2
 - Deal Town football coaches working alongside KS1 and 2 teachers.
- staff working with all age groups Reception to yr 6 with a range of sports through Olympic days and games.
- **Courses** 3 day gymnastics course, change for life workshop, Youth Sports Trust seminar, dance workshop

**Outcomes - develop staff confidence and competence in PE in a range of sports and across the age range.
Extend opportunities for both staff and children.**

COSTINGS £1958.95

Membership/Recourses

Youth Sports Trust
DPSFA (football)
Equipment.

COSTINGS £565.23